



# Perfection Salad: Women and Cooking at the Turn of the Century (Modern Library Food)

*Laura Shapiro*

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Perfection Salad presents an entertaining and erudite social history of women and cooking at the turn of the twentieth century. With sly humor and lucid insight, Laura Shapiro uncovers our ancestors widespread obsession with food, and in doing so, tells us why we think as we do about food today. This edition includes a new Introduction by Michael Stern, who, with Jane Stern, is the author of Gourmet magazine's popular column *Roadfood* and the book **Eat Your Way Across the U.S.A.**

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