



My Grandfather's Blessings: Stories of Strength, Refuge, and Belonging

Rachel Naomi Remen

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From the *New York Times* bestselling author comes the wisdom to heal ourselves and those around us.

With *Kitchen Table Wisdom*, Dr. Remen established herself as an important new voice bringing hope and healing to a difficult world. Her book spent more than three months on the *New York Times* bestseller list, and maintained even longer runs on the Boston, San Francisco, and Denver lists.

Now she has written *My Grandfather's Blessings*, a work that further examines the human heart and celebrates those who serve life so beautifully, so effortlessly, so selflessly often without knowing.

It was Rachel Remen's grandfather, a kabbalistic rabbi, who gave her the eyes to see that service is what heals the isolation and loneliness in us all. Service happens every day in ways we don't notice: we serve each other; life serves us; and it is discovering the place of service in ourselves that leads at last to wisdom. As Remen says, "Every life serves a purpose which is both simple and profound. We are here to grow in wisdom and to learn to love better. What this says is that there are many life paths but all life has a spiritual agenda. And all people are on a spiritual path." These stories give us a profound sense of strength that is achieved by knowing that we belong to each other, and to life itself.

"Rachel Naomi Remen is nature's gift to us, a genius of that elusive and crucial capacity, the human heart. She has much to teach us about healing, loving, and living."--Daniel Goleman

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The book untitled My Grandfather's Blessings: Stories of Strength, Refuge, and Belonging contain a lot of information on it. The writer explains the girl idea with easy way. The language is very simple to implement all the people, so do not really worry, you can easy to read the idea. The book was published by famous author. The author brings you in the new era of literary works. It is possible to read this book because you can continue reading your smart phone, or product, so you can read the book throughout anywhere and anytime. In a situation you wish to purchase the e-book, you can open up their official web-site in addition to order it. Have a nice study.

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