



Imperial Mongolian Cooking

Marc Cramer

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In the late 12th and early 13th centuries, Genghis Khan ruled one of history's largest land empires, dominating two dozen countries and stretching from the Black Sea in Russia to the South China Sea. This book is the first book to explore the ancient culinary traditions of this empire, opening a window onto a fascinating culture and a diverse culinary tradition virtually unknown in the West. These 120 easy-to-follow recipes encompass a range of dishes - from Appetisers, Soups and Salads to Main Courses (Poultry and Game, Lamb, Beef, Fish and Seafood), Beverages and Desserts. Among them are: Bean and Meatball Soup; Spicy Steamed Chicken Dumplings; Turkish Swordfish Kabobs; and, Uzbek Walnut Fritters. The recipes are taken from the four khantes (kingdoms) of the empire which include the following modern countries: Mongolia, Chinese-controlled Inner Mongolia, China, Bhutan, Tibet, Azerbaijan, Kyrgyzstan, Tajikistan, Turkmenistan, Uzbekistan, Kazakhstan, Georgia, Armenis, Russia, poland, the Ukraine, Hungary, Burma, Vietnam, Iran, Iraq, Afghanistan, Syria and Turkey.

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