



# Zen and Tonic: Savory and Fresh Cocktails for the Enlightened Drinker

*Jules Aron*

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## **Green drinks gone boozy**

Green drinks gone boozy! Create your own delicious cocktails using ingredients you can find in your own backyard, windowsill, or local farmer's market. Learn to make your own simple syrups and infusions with immune boosting fruits, herbs and veggies that will leave you feeling refreshed and energized.

Lavishly illustrated with full-color photographs and offering over 100 fun, simple, and delicious cocktail recipes, Zen and Tonic lets you infuse your life and drinks with healthy, wholesome, revitalizing ingredients. Complete with a thorough introduction to today's producers of organic and quality spirits, and a spotlight on the wholesome herbs, spices and super foods featured in the recipes, Zen and Tonic, brings a fresh twist to the classic toast: "Let's drink to your health!"

100 color photographs

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