



Wonderland Adult Coloring Book: Calming Christmas Designs for Stress relief, Inspiration, and Happiness

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- Be inspired by quotes throughout to encourage positivity, mindfulness, and the joys of the present.
- Make a difference by supporting a purpose-driven business committed to donating 10% of all net profits to charity, mental health, and animal advocacy.
- Develop your mind with coloring shown to train the brain to focus while improving fine motor skills and vision.
- Escape to a world of inspiration with hours on end of creative, judgement-free mental relaxation.
- Channel anxiety and stress into artistic fulfillment with designs ranging in complexity from beginner to advanced.
- This adult coloring book features 30 beautiful, hand drawn stress relieving Christmas designs and patterns to color including mandalas, snowflakes, and animals.
- Perfect gift for Christmas, birthday, recovery, meditation, art therapy, or any occasion for both women and men.
- Grab your colored pencils or markers, choose one of your favorite pages and have fun like millions of grown-ups around the world!

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From reader reviews:

Cindy Searcy:

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Roger Sowa:

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