



# Diabetes DTOUR Diet: The Revolutionary New Food Cure

*Barbara Quinn*

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In just 6 weeks, you can...

- Bring your blood sugar into balance
- Make those extra pounds disappear
- Send your energy soaring
- And you can do it all with *food!*

Not just any food, but undeniably delicious food featuring the Fat-Fighting 4. This awesome foursome -- fiber, calcium, vitamin D, and omega-3s--is the secret to healthy, sustainable weight loss and optimal blood sugar control. Research proves it!

But how can you be sure you're getting enough of these supernutrients? It's easy on *The Diabetes DTOUR Diet*. Just follow the day-by-day plan, and in 6 short weeks, you'll be saying hello to a thinner, fitter, healthier you.

DTOUR is tailored to the unique weight-loss needs of those with high blood sugar. Whether you have prediabetes or diabetes--or you want to avoid them--this plan can help you succeed.

**Stop...**fretting over calories, carbs, and fat. DTOUR does the counting for you. All you need to do is eat and enjoy!

**Yield...**to the temptation of French toast, quesadillas, spaghetti and meatballs--even ice cream and pudding!

**Go...**for weight-loss success with daily tips and tools to keep you motivated and on track

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This Diabetes DTOUR Diet: The Revolutionary New Food Cure is a great e-book for you because the content that is certainly full of information for you who always deal with the world and still have to make a decision every minute. That book reveals its information accurately using great arranged words or we can point out no rambling sentences inside. So if you are reading that hurriedly you can have the whole info in it. Doesn't mean it only provides you with straight forward sentences but difficult core information with attractive delivering sentences. Having Diabetes DTOUR Diet: The Revolutionary New Food Cure in your hand like having the world in your arm, information in it is not a ridiculous one particular. We can say that no book that offers you the world inside ten or fifteen moments right but this reserve already does that. So, this can be a good reading book. Hey there Mr. and Mrs. occupied do you still doubt this?

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