



Soup: A Way of Life

Barbara Kafka

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"Dora, my maternal grandmother," writes Barbara Kafka in her new book, "started the soup tradition that means most to me, which is odd as she was, by all accounts, a bad cook....I hope I am a better cook, and my life has certainly been easier, but I learned from her that a pot of soup is warmth and welcome for family and friends alike."

In this stunningly rich and wide-ranging book, Barbara Kafka gives the food we love perhaps best in the world a new vitality. Though the subject is so familiar to us all, her approach is totally original, just as it was in her award-winning *Roasting: A Simple Art* and *Microwave Gourmet*. In a wonderfully diverse collection of nearly three hundred recipes from all over the world--some traditional, some newly minted, many so simple they require no cooking at all, each of them very much a part of our spiritual and emotional lives--she offers up a lifetime worth of pleasure:

a magical garlic broth, among other vegetable broths and bases, gives vegetarians hundreds of recipes to enjoy. As always, Barbara's intelligence and talent for innovation have resulted in a vast body of ideas to make your life in the kitchen easy and interesting. Nearly thirty stocks are offered, as well as dozens of ways to use seasonal produce to cook and freeze soup bases for year-round fresh taste. You'll find cooking times for everything from dumplings and piroshki to noodles and pasta, simmering times for every possible cut of meat, and yields and blanching times for dozens of vegetables. There are easy-to-follow charts to answer every cooking question. And then there's Barbara's "memory pieces." Woven through the recipes, they form a book within a book, one family's personal and culinary history. They're fascinating and warming and enriching on their own. They also remind us why soup is a vital part of our lives. And why Barbara Kafka is a vital part of our cooking experience.

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From reader reviews:

Alexander Macdougall: Have you spare time for any day? What do you do when you have far more or little spare time? Yeah, you can choose the suitable activity for spend your time. Any person spent all their spare time to take a go walking, shopping, or went to the Mall. How about open as well as read a book eligible Soup: A Way of Life? Maybe it is to get best activity for you. You understand beside you can spend your time with your favorite's book, you can better than before. Do you agree with their opinion or you have additional opinion?

Pauline Bardwell: Spent a free time to be fun activity to accomplish! A lot of people spent their spare time with their family, or all their friends. Usually they carrying out activity like watching television, going to beach, or picnic inside park. They actually doing same every week. Do you feel it? Do you wish to something different to fill your current free time/ holiday? Could be reading a book is usually option to fill your totally free time/ holiday. The first thing that you'll ask may be what kinds of publication that you should read. If you want to test look for book, may be the e-book untitled Soup: A Way of Life can be good book to read. May be it could be best activity to you.

John Keaney: Many people spending their time period by playing outside along with friends, fun activity with family or just watching TV all day every day. You can have new activity to shell out your whole day by examining a book. Ugh, you think reading a book will surely hard because you have to accept the book everywhere? It all right you can have the e-book, having everywhere you want in your Mobile phone. Like Soup: A Way of Life which is getting the e-book version. So , why not try out this book? Let's find.

Donald Noble: What is your hobby? Have you heard that question when you got students? We believe that that concern was given by teacher to the students. Many kinds of hobby, All people has different hobby. And also you know that little person similar to reading or as reading through become their hobby. You should know that reading is very important as well as book as to be the issue. Book is important thing to incorporate you knowledge, except your current teacher or lecturer. You get good news or update concerning something by book. A substantial number of sorts of books that can you go onto be your object. One of them is actually Soup: A Way of Life.

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