



How Your Emotions Are Making You Sick (Matronita Pocket Guides)

Rivka Levy, Raphael Albinati

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HOW YOUR EMOTIONS ARE MAKING YOU SICK

Is a pocket guide to balancing your energy meridians that will spell out exactly which of your emotions could be underneath your physical illnesses and issues, and what you can do to solve the problem, and get back your health and happiness.

This is the must-read book for anyone who's dealing with 'mystery illnesses' that have all the experts stumped or strange symptoms that the doctors can't do anything about.

There IS an answer to what's ailing you, and this book will give you step-by-step guidance to figure out what blocked, repressed, trapped or lost emotions might be lurking underneath the surface, and playing havoc with your health.

It will also tell you:

What energy meridians are, and how they're affecting your health;

What emotions are connected to which specific physical issues;

and

How you can use simple, safe, self-administered energy medicine techniques to clear emotional blocks and get your energy and joy moving again.

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