



Untraditional Hsing-I

Robb Whitewood

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Here hsing-i master Robb Whitewood, a former student of Erle Montaigue and the head instructor of hsing-i for the World Taiji Boxing Association, brings the phenomenal speed and power of this ancient hitting art to life. With the goals of Western students in mind, Whitewood teaches the basics and applications of five-element boxing..

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