

Adult Coloring Journal: Alcoholics Anonymous (Turtle Illustrations, Rainbow Canvas)

Courtney Wegner

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Clinical Therapist, Courtney Wegner has carefully selected the illustrations and 12 Steps prompts in this interactive adult coloring journal for their meditative power to enhance the recovery of anyone engaged in a 12 Step program and to aid in their journey of self-discovery and an addiction free path to happiness. The 12 Step prompts contained here are an excellent tool and aid for anyone taking the 12 Steps. Features include:

- 80 lightly-lined writing pages provide plenty room to capture your thoughts
- 40 expression pages for jotting down personal reflections, quotes, poems or sketches
- 40 professionally illustrated adult coloring images of varying difficulty
- High quality 70# paper

Each topic is available in different coloring image themes and a wide array of beautiful covers.



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From reader reviews:

Mary Goldstein:

This Adult Coloring Journal: Alcoholics Anonymous (Turtle Illustrations, Rainbow Canvas) is great book for you because the content which is full of information for you who always deal with world and also have to make decision every minute. This kind of book reveal it info accurately using great organize word or we can state no rambling sentences included. So if you are read the item hurriedly you can have whole facts in it. Doesn't mean it only provides you with straight forward sentences but hard core information with beautiful delivering sentences. Having Adult Coloring Journal: Alcoholics Anonymous (Turtle Illustrations, Rainbow Canvas) in your hand like keeping the world in your arm, facts in it is not ridiculous 1. We can say that no publication that offer you world within ten or fifteen minute right but this publication already do that. So , this can be good reading book. Hey Mr. and Mrs. hectic do you still doubt which?

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