



# Coconut Oil Hacks : Little Known Recipes For Stunning Health And Beauty Breakthroughs!

*Angela Ward*

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Why is coconut oil so special? What are its special uses? Coconut oil is nature's solution for everything: nutrition, skin, hair, immune system, kidneys, liver and the list can go on. Easy to read and understand, this book will answer all your questions regarding coconut oil – what it is, what are its benefits, how to use it for skin care, how to introduce it in cooking, what effects it has on your hair or how to improve your allergic reactions. The book is based on intensive research and all these solutions work and do wonders. Learn more about coconut oil and improve your general health with these simple solutions! Download your copy today and get ready for a noticeable health improvement, healthy skin, glowing hair and a strong heart.

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