



The Dadly Way: 10 Steps to More Active Fatherhood and Equal Parenting

Josh Misner

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The Dadly Way provides a pathway for fathers to earn their place as parenting equals, committed to being mindfully present for their children and an integral part of tomorrow's memories.

It is time for fathers to become more mindful in our approach to families, so that we might carve out the best possible future for our children, as well as their children. To do so, we must parent with presence, on purpose, today. From dealing with the harmful effects of the ego, to calling for an end to the parenting wars, from learning how fatherhood has evolved, to knowing where it is heading, and from learning to listen deeply, to becoming more mindful parents, **The Dadly Way** provides a meaningful look at modern fatherhood.

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