



Beyond Halftime: Practical Wisdom for Your Second Half

Bob P. Buford

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Wisdom and Support for Your Halftime Journey Since the publication fifteen years ago of Bob Buford's award-winning and newly updated and expanded bestseller, *Halftime*, more than half a million men and women have made the halftime journey from success to significance. If you are contemplating that journey yourself or have already started, *Beyond Halftime* is for you. "This book is the result of fifteen years of answering questions about halftime," writes Buford. "I've focused on the areas that seem to come up most from those who contact me, and I've answered them in much the same way I would answer you if we sat down together over coffee. So in a very real sense, this book allows me to be your companion as you negotiate the ups and downs of the whole halftime experience." *Beyond Halftime* invites you to slow down and take time to listen—really listen—to the voice of your heart and the rhythms of your life. The discoveries you're about to make during this vital phase of your life can't be rushed. Enjoy this wise guidance on the things that matter most in moving from gaining success to leaving a legacy. Your most rewarding years lie ahead of you. Welcome to the journey.

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