



My Body Inside and Out (Lion Factfinders)

Anne Townsend

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A complete revision of "Marvellous Me", this book is a companion volume to "Growing Up Now". It provides a basic introduction to how the body works. "Body" illustrations in the book give technical information, and there are features on how people need to take care of their body in order to stay fit and healthy. The photographs and illustrations provide suitable role-models for 8-to-12-year-olds.

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