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In his book, EXPOSED: From the Files of... Health Confidential, acclaimed anti-aging pioneer, Dr. Al Sears, reveals hundreds of easy-to-use natural solutions to combat the diseases Big Pharma wants everyone to believe are incurable. In this remarkable tribute to his years of global health research and travel, Dr. Sears exposes the true sources of disease, from Big Pharma to Big Agra, GMOs, and chemicals in our water supply, and provides safe, evidence-based solutions to beat these obstacles and live healthier, longer lives.

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